On the nature of an energy barrier between $(\pi, 0)$ and $(0, \pi)$ magnetic orders in Fe pnictides

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As temperature is lowered most of undoped Fe arsenides, parent compounds for recently discovered Fe based superconductors, undergo a transition into a collinear state with stripe-like magnetic order in which anti-ferromagnetic (AFM) Fe chains are ferromagnetically ordered along the direction perpendicular to the chains. Two such collinear magnetic structures, characterized by ordering vectors $(\pi,0)$ or $(0,\pi)$, are connected by infinite number of non-collinear states with two AFM sublattices of second Fe neighbors rotated by an arbitrary angle with respect to each other. In a classical Heisenberg model all these states are degenerate. Band structure calculation show, however, that the degeneracy is lifted already at the mean field LSDA level and that in Fe arsenides $(\pi,0)$ and $(0,\pi)$ magnetic orders are separated by an energy barrier comparable to the energy difference between Neel and stripe AFM orders. We discuss a microscopic origin of the energy barrier and demonstrate that it is caused by closely related to underlying band structure. The results for Fe arsenides are compared to BaMn₂As₂ and hypothetical KFe₂Se₂ for which we found that a non-collinear 90-degree spin arrangement is more favorable than collinear ones. A doping dependence of the barrier is also discussed.